



Bredon Hill Academy Mental Health Pathway



Whole School Approach to Mental Health

There is a whole school approach to positive Mental Health and Wellbeing that seeks to create a culture of inclusiveness and communication that ensures all young peoples concerned can be addressed.

The stigma of mental health is challenged via themed assemblies, safeguarding and mental health newsletters, a mental health and wellbeing hub and specific curriculum focus. All staff have been trained in Mental Health First Aid to recognise and respond when a pupil may be struggling with their mental health.

Pupils who are identified by any member of staff, parent or peer as struggling with their mental health are discussed at Pastoral Safeguarding Meetings. Parents are contacted and the views of the pupil are collected using a Mental Health Questionnaire. Support may be put in place depending on the mental health need of the pupil. This includes:

